



THE PRINCE'S
COUNTRYSIDE
FUND

Summer 2022

Covering July, August & September



UTASS

COMMUNITY NEWSLETTER

Supporting our Communities in the Durham Dales

Summer Newsletter!

We're pleased to welcome you to our Summer community newsletter!

On page 12 we have dates for your diary with plenty of activities to keep the whole family busy, on page 7 you can reminisce over the fantastic Jubilee celebrations (can you spot yourself in our photo montage?!), while on page 2 you can read all about the village's next big celebration - Carnival...we hope you're ready for the best one yet!

If you have anything for our Autumn newsletter, which will be out at the end of September and will cover October, November & December; be it a story, an event or an advertisement, please email details to me at rebecca@utass.org by Thursday 15th September.

Best Wishes,

Becca

A Fond Farewell...

For family and personal reasons Tessa has retired as our farm secretary. Tessa had been with UTASS for so long that she had almost become "part of the furniture". She was an integral part of the team with her encyclopaedic knowledge of Countryside Stewardship and other schemes from BPS to productivity grants.

It is not just for her technical skills and knowledge that we will miss Tessa. Her empathy and understanding of member's needs meant that she could give the right level of support at an individual level to help them through the jungle of Red Tape and Cross Compliance issues without a penalty. Much of this was behind the scenes with lengthy emails and telephone conversations on members' behalf with Defra agencies.

On a personal level I could not have wished for a better person to share an office with. Two brains (Tessa has an excellent one) are better than one when looking for the optimum solution to a member's problem. Our regular discussions were mutually valuable but also of huge benefit to UTASS as a whole.

Thank you Tessa for all you have brought to UTASS, all you have done to support the farming community and for being a wonderful colleague and friend. We wish you and "the two Johns" all the best for the future. We shall all miss you."

- Richard Betton, Farm Liaison Worker, UTASS



It's FINALLY that time of year again! Get ready for CARNIVAL 2022!

CARNIVAL DAY Saturday 6th August and this year's theme is HAVING A GOOD TIME

Not long to go now to the Middleton-in-Teesdale Three Years in One Carnival.

THE BIG DAY!

This year we need to make up for our two years without a carnival, so let's pull out all the stops and have some fun. We're planning to have a field full of old favourites and some new and free entertainment too.

We have 3 carnival queens to help us celebrate, one for 2020, 2021 and 2022. They will be in the Grand Procession through the village. Will you be joining them on your own float or in fancy dress as a Walker or Group of Walkers? If you are entering a float, please tell Eileen Dent on 07875 778265 **asap** to ensure there is enough space reserved for floats on the field. All information will be kept secret until the big day – we promise!

Procession Prizes

Floats: 1st £100 : 2nd £75 : 3rd £70 : Highly commended £60 : All other floats £25

Walkers: 1st £15 : 2nd £10 : 3rd £5 each class :

All other entries in fancy dress get a voucher to spend on the Carnival Field.

All floats and fancy dress walkers get free entry into the Carnival too.



CARNIVAL DECORATIONS!

The Carnival bunting will be going up in July and then it will be time to decorate the village to show the many ways we can HAVE A GOOD TIME! Prizes for the most original and best decorated houses, gardens or windows, but only legal, decent and honest ways of having a good time please!

THERE'S MORE!

More details on Carnival events and competitions will be coming out soon, so look out for the Carnival programme, posters and information on Facebook.

DONATIONS PLEASE!

We would be very pleased to receive your donations of:-

RAFFLE AND TOMBOLA PRIZES - Please drop them in to Pam Wood (21 Hude) or leave them at UTASS

CAKES – the WI Carnival cake sale will be in the Masonic Hall ON CARNIVAL MORNING this year. Please take your cakes to the Hall before 10am and not the field.

HELP – to set up or take down the field, to help on a stall or as an extra pair of hands at any of the Carnival events. No experience necessary and even if it's only for a short time, we'd love to have you join us. Please contact Eileen Dent on 07875 778265.

MIDDLETON-IN-TEESDALE
CARNIVAL

Saturday 6th August 2022

UKRAINE APPEAL

We Still Need Your Help

Unfortunately the crisis still continues and families, especially babies and children are suffering unnecessarily.

If you can donate any of the items below it would be greatly appreciated

- New Underwear both male and female, all ages
- New or Nearly New Plimsolls, all sizes
- Baby Bottles, Nappies, Baby Milk New or Nearly New Baby Clothes, Baby Medication
- Bottled Water
- Dried Milk
- Torches, Batteries
- Bandages and over the counter medication
- Food: Pasta, Rice, Tinned Food, Tea, Coffee, Sugar, Dried Milk, Packet Foods, Biscuits, Crisps and Sweets.
- Colouring Books, Pencils, Pens, Small Games

THANK YOU ONCE AGAIN FOR YOUR
CONTINUED SUPPORT

Drop Off Points:

UTASS, RICHARDSON'S HOSPITAL
2 GARDEN TERRACE, MIDDLETON-IN-TEESDALE



Altogether
better
Durham

Teesdale
Area Action Partnership



FREE Music & Memories from UTASS
Monthly on Tuesdays - 2.30—3.20pm

These sessions, led by Mike Bettison playing his ukulele, provide a welcoming setting where friends can get together for a singalong either at UTASS, online or using a landline.

Upcoming Tuesday dates

19th July 16th August

Since September '21 we have been holding sessions in UTASS as well as online with another new song sheet launched to singalong to.

If you would like to join us in person, please just come along to UTASS—we may also be able to help with transport

For details of how to join online or by phone please contact Julia on 01833 641010 / julia@utass.org



Wheels 2 Work
County Durham

Helping you get to work, training, or college

Need help getting to **work** or **college?**

Wheels to Work
can get you
there

- 6 month moped loan
- Motorcycle Training (CBT – Compulsory Basic Training)
- Insurance
- Breakdown Cover
- Servicing and Maintenance
- Protective Clothing



tel: 0191 3038442 info@w2wcd.org.uk www.w2wcd.org.uk

neca

money foundation

Altogether better
Durham

Durham
County Council

Craft & Chat

Some of the more keen-eyed among us will have seen the wonderful displays that keep popping up in the UTASS window! These have all been created by our very own talented community as part of craft sessions run by UTASS on Tuesday mornings. From felted Easter eggs to decorated silk scarves and, of course, the stunning window displays, attendees have turned their hand to a wide variety of activities and developed a great number of new skills. We understand not everyone loves to get their hands dirty with glue, paint and glitter, so at every session we make sure there is always a good supply of tea, coffee and snacks for those who prefer to watch from the side-lines and catch up with friends.



If these sessions sound like something you'd enjoy, please feel free to call in to UTASS on Tuesday mornings from 10am-12pm.



TUESDAYS 10AM - 12PM
@ UTASS
 Cuppa and snack provided

Anne Gill 28/6/22
 Carnival window display workshop

Holly Magdalene Scott 26/7/22
 Printmaking workshop

Jocelyn Hattersley 23/8/22
 Rag rug making class

**Tuesdays inbetween these workshops
 we will be completing works started
 with artists and creating items for
 future community events**

**Please help us keep these events
 going with a £1 donation per session**

 **easyfundraising**
 feel good shopping

£39M Raised

Help us hit our fundraising target this year!

2022

• You shop • 6,000+ Retailers Donate • For Free

UTASS have now registered with easyfundraising, which means you can help us for FREE!

Over 4,000 shops and sites will donate to us when you use easyfundraising to shop with them – at no extra cost to yourself! All you need to do is sign up and remember to use easyfundraising whenever you shop online.

It's easy and completely FREE!

These donations really mount up, so please sign up to support us at

<https://rb.gy/vmmk2v>

TRUSTEE SPOTLIGHT



Michael McGarry

Why did you get involved as a trustee?

"I am one of the Executors of the Will of the late Joan Drewe of Snaisgill. Joan had enthused about UTASS for a number of years and she had left a legacy to UTASS in recognition of the support UTASS gives people in the Upper Dale. My contact with UTASS after Joan's death in respect of the legacy, lead to meeting with Diane Spark. Diane approached me and asked me if I would be happy to become a trustee. I felt quite honoured to be asked."

What do you get out of being a UTASS trustee?

"The simple answer is being able to put something back. I work (and have for all my professional career) representing people in Teesdale, and they have been good to me. Being a Trustee of UTASS allows me to help them. It is good to be able to provide assistance to farmers and other people of all walks of life."

Favourite memory from your involvement with UTASS?

"This is a rather difficult question because for varying different reasons I have many very good memories of UTASS. These are from the exceptional and good memories of meeting His Royal Highness Prince Charles at Kirkharle in Northumberland to celebrate the 25th Anniversary of UTASS, but more recently having a meeting at Richard Betton's farm on a beautiful spring day stands out. On a month to month basis however our Trustees meetings are usually very pleasant affairs with the UTASS Trustees pulling together almost always in the same direction."

Charity Donations taken at UTASS...

The Great North Air Ambulance Service (GNAAS) operates three helicopters, 365 days a year, across the North-East, North Yorkshire and Cumbria.

GNAAS crews respond to around 1,000 call outs each year and on board our aircraft are specialist trauma doctors and paramedics, who bring accident and emergency expertise to the scene.

**There has been a great response, with the GNAAS doing fortnightly collections.
UTASS will continue acting as a collection point.**



A Jubilee Service fit for the Queen

On Saturday 4th June UTASS were invited to celebrate the Queen's Platinum Jubilee in a special service of celebration and thanksgiving at Durham Cathedral. A privilege to be invited, all who attended thoroughly enjoyed their day and were thrilled to be amongst a very important audience which filled the cathedral. Featuring a beautiful performance by young singers of the 'Platinum Choir', a group of talented children brought together specifically in honour of the Queen's historic milestone, the service provided attendees with a rare opportunity to celebrate in style!



Minibuses available for Community Use

UTASS have two wheelchair accessible minibuses available for community groups.

We have a 15 seater and a 10 seater, which anyone aged 25+ with a full licence (with no more than 5 points) can drive.

If required, we are sometimes able to arrange for a volunteer driver to assist with your journey.

For more details please email rebecca@utass.org or contact UTASS on 01833 641010.



Barnard Castle Post Office operate a satellite branch

HERE AT UTASS

Tuesdays - 9.45am until 12.45pm
and

Fridays - 1.45pm until 3.30pm





UTASS YOUTH SUMMER HOLIDAYS FREE ACTIVITIES

All activities include healthy snacks/packed lunch/meal and juice

Adventure Valley - 26/7/22

Science at UTASS - 27/7/22 1.30pm - 3.30pm

The Centre for Life - 1/8/22

Creative crafts at UTASS - 2/8/22 1.30pm - 3.30pm

Hamsterley Forest - 8/8/22

Science at UTASS - 9/8/22 1.30pm - 3.30pm

4motion skate park 16/8/22

Sports at UTASS 17/8/22 1.30pm - 3.30pm

ROF 59 22/8/22

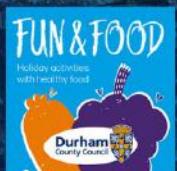
Creative crafts at UTASS 23/8/22 1.30pm - 3.30pm

Fossil hunt 29/8/22

Science at UTASS 30/8/22 1.30pm - 3.30pm

Go Karting 31/8/22

For more information please email
rebecca@utass.org



A Lifeline During Difficult Times

On the 5th May 2020, during the first lockdown, we began a weekly meal delivery service for vulnerable members in our community. Karen Scott cooked the meals and our fantastic volunteers delivered them throughout Teesdale and Weardale. We began with 18 meals rising to a maximum of 46 meals prepared and delivered in January 2021.

Numbers began to dwindle over the last few months as we returned to some normality. Funding was coming to an end and we delivered our last meals at the end of June 2022.

We would like to extend a massive thank you to Karen and all our dedicated volunteers. In the midst of a pandemic never seen before, the meals were a vital lifeline in our local community. The recipients didn't just benefit from a delicious home-cooked meal; the weekly phone call and doorstep visit provided vital emotional support during unprecedented times when people were feeling anxious, scared and isolated.

"I've really enjoyed helping to look after these folks during COVID. Being able to carry on doing something resembling normality during the lockdowns was a lifesaver, what the UTASS team have done for the community over the last 2 years has been truly amazing and I feel so glad that I could play a small part in helping with this" - Karen Scott



Young Persons' Online Safety

On Thursday 30th June UTASS worked with Barnard Castle Police to run an online safety session for parents. The session covered everything from parental controls to cyber-bullying but we've provided some of the main take-home messages below for anyone that was unable to attend:

- Many apps are available to allow you to monitor your child's phone from your own device.
- Most social media apps such as Snapchat and TikTok require a minimum age of 13 years old—is your child old enough to legally have access?
- Turn off location services on your child's phone and ensure privacy settings are applied so that only people they know can contact them.
- Don't be afraid to have the conversation with your child; discuss the safety issues surrounding the internet and suggest that before they type a hurtful message to someone, they should consider whether they would say it to that person's face.
- There are many levels of parental controls—you can apply these via your broadband and mobile provider but they can also be applied on your child's device and in the settings of their apps.

More information can be found on websites such as internetmatters.org, childnet.com or nspcc.org.uk

Holiday Club
Come and join us for
The Pathway Summer Holiday at Home Club

During the school summer holiday, we are planning to give out activity packs and food bags. These will contain craft resources and ideas, activity sheets, links to songs/stories plus food items to make a family meal.

For more details and to register please email Debbie by Monday 4th July
developmentworker.thepathway@gmail.com





WE'RE BACK!

YOU ARE INVITED TO JOIN US AT UTASS

FREE PIE AND PEAS

**Every Monday
11am - 12.30pm**

Join us and meet friends old and new for an early lunch with some dominoes and other games - play if you want to, no pressure!

There's no need to book but if you would like to let us know you are coming, please call the UTASS office on 01833 641010







FREE SHOPPING TRIPS

**Thursday 7th July, 10am
Bishop Auckland (Tindale)**

**Thursday 21st July, 1pm
Barnard Castle**

**Thursday 4th August, 1pm
Bishop Auckland (Tindale)**

More dates to follow - check the UTASS window or follow us on Facebook to find out!

The minibus will leave UTASS at the above times and we will head out for a couple of hours - perfect for some retail therapy or even just to grab a coffee!

Places are limited, please pop in to the UTASS office or call 01833 641010 to book a place.



PLEASE REMEMBER

We hope it's never needed

BUT

**We have a
DEFIBRILLATOR**

**Located in reception of the
UTASS office.**



DO YOU HELP OR SUPPORT SOMEONE WHO HAS ILL HEALTH OR A DISABILITY?

DOES THAT PERSON RELY ON YOU FOR SUPPORT?

IF SO WE CAN HELP WITH

- Information and advice on the services available to you and the person you care for.
- Support with accessing the benefits you may be entitled to
- Access to grants and funding that can help you
- Counselling around your caring role
- Specialist support if you are looking after a child with additional needs
- Help and Support with using computers, internet and other technology
- Carers card which gives you discount at various venues in County Durham and Darlington
- Access to NHS Carer Break funding to help you take a break
- AND MUCH MORE

HOW TO CONTACT US

TEL: 0300 005 1213

EMAIL: admin@dccarers.org

TEXT: 07860 017 632

www.dccarers.org



Have you changed your email address?

Please keep us up to date & let us know of any changes to your email address or contact details.

To update any of your contact details
please send amendments to
emma@utass.org



APPLES WANTED!

Do you have an apple tree but struggle to use all the apples produced each year?

I'm hoping to produce a batch of all-natural, zero additives cider and would be hugely grateful for any apples - in return you will get some of the cider produced! (Or cider vinegar if my attempt fails..!)

If you think you'll have any apples to spare please contact me, Tom, on 07413927545 or email me on tommitchell180@gmail.com

Cheaper Heating Oil

UTASS run an 'Oil Buying Group'
Membership of the group is **FREE** and the minimum order amount is 500 litres.

Group members save an average 3p per litre.

If you would like to join the scheme or find out more about it please contact Charlotte at UTASS on 01833 641010 on Mondays, Tuesdays or Thursdays or email oil@utass.org



July 2022

Mo	Tu	We	Th	Fr	Sa	Su
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

July Events Listings:

- Post Office at UTASS **every Tuesday**, 9.45am until 12.45pm.
- Post Office at UTASS **every Friday**, 1.45pm until 3.30pm.
- **NO Young Peoples' Sessions during School Holidays, (details on page 8)**
- 6th - Kendal College Open Evening at UTASS (**details on page 17**)
- 8th - Country Club: Middleton in Teesdale Sports & Social Club, 8pm. £5
- 8th - Indian Summer Ladies Night: Middleton in Teesdale Primary School, 6:30pm, tickets available from Emma, 07905004299
- 12th - 15th - Great Yorkshire Show - Tickets must be purchased in advance and are available from www.greatyorkshireshow.co.uk
- 14th - Citizen's Advice at UTASS, 10am-1pm (**details on page 16**)
- 19th - Music & Memories (**details on page 3**)
- 23rd - Boogie Bingo: Middleton in Teesdale Sports & Social Club, 7pm
- 26th - 'Craft & Chat' (**details on page 4**)
- 29th - Charity Bingo: Middleton in Teesdale Sports & Social Club, 7pm

August 2022

Mo	Tu	We	Th	Fr	Sa	Su
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

August Events Listings:

- Post Office at UTASS **every Tuesday**, 9.45am until 12.45pm.
- Post Office at UTASS **every Friday**, 1.45pm until 3.30pm.
- **NO Young Peoples' Sessions during School Holidays, (details on page 8)**
- 6th - Middleton in Teesdale Carnival (**details on page 2**)
- 11th - Citizen's Advice at UTASS, 10am-1pm (**details on page 16**)
- 16th - Music & Memories (**details on page 3**)
- 23rd - 'Craft & Chat' (**details on page 4**)
- 26th - Charity Bingo: Middleton in Teesdale Sports & Social Club, 7pm
- 27th - Weardale Show, St John's Chapel

September 2022

Mo	Tu	We	Th	Fr	Sa	Su
				1	2	3
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

September Events Listings:

- Post Office at UTASS **every Tuesday**, 9.45am until 12.45pm.
- Post Office at UTASS **every Friday**, 1.45pm until 3.30pm.
- 3rd & 4th - Wolsingham Show: UTASS will be there, come and say hello!
- 8th - Introduction to Mindfulness & Relaxation: UTASS, 10:30am-11:45am
- 8th - Citizen's Advice at UTASS, 10am-1pm (**details on page 16**)
- 10th - Bowes Show
- 10th & 11th - Stanhope Show
- 13th - Yoga & Relaxation: UTASS, 17:45-18:45 (booking required)
- 15th - Introduction to Mindfulness & Relaxation: UTASS, 10:30am-11:45am
- 17th - Eggleston Show
- 20th - Yoga & Relaxation: UTASS, 17:45-18:45 (booking required)
- 24th - Langdon Beck Show
- 29th - Introduction to Mindfulness & Relaxation: UTASS, 10:30am-11:45am
- 30th - Charity Bingo: Middleton in Teesdale Sports & Social Club, 7pm

Events get updated regularly on our online diary, which can be found at:

www.utass.org/events

TRAINING UPDATE APRIL 2022

WHAT'S BEEN HAPPENING AT UTASS?

We've been busy here at UTASS with a total of 51 trainees completing courses across a wide variety of skills such as sheep dipping, drystone walling, first aid, shearing, tree felling and the safe use of pesticides. As ever, if you have missed out on a recent course and are interested in finding out when another will run, please contact Julia using the details listed at the end of this page.



WHAT'S COMING UP AT UTASS?

Lantra Chainsaw Maintenance & Crosscutting

2 day course, provisionally booked for the first week of July, please contact Julia for more details.

NPTC Rough Terrain Telescopic

2 day course, date TBC

Emergency First Aid at Work

1 day course, Friday 30th September

Introductory & Improvers' 2 day Hedgelaying (November 2022)

FUNDING OPPORTUNITIES

TAP Upskilling & Discretionary Fund provides funding for unemployed people to obtain skills which will help them improve their chance of getting back into employment. Also for people who are employed in low paid jobs to obtain new or additional skills, helping them to either progress in their present job or find new or additional work. Please contact Denise Hopps on 01388 443078 to discuss eligibility.

Teesdale Branch NFU Members and their families can access 50% funding for training courses up to a maximum of £250. Please contact the NFU Group Office on 01833 638286 before training starts.

Weardale Rural Training is available for those living and/or working in Weardale. Application forms can be downloaded from our Training Opportunities page <http://www.utass.org/training-opportunities/>. The application form details all courses available for part funding and gives the participant contribution for each, ranging from £80 down to £20.

Young People's Driver Training to Improve Opportunities

A big thank you to everyone who applied for young people's driver training funding. All applicants have now been notified regarding their applications for Lantra 13-15 Tractor Driving, Pre-Tractor Test Training, Quad Bike, Trailer training or Car driving. We are so sorry to all those who were unsuccessful in getting funding for the training they applied for and hope they will reapply if we are funded again. Training for applicants will start from 16th July and we would like to thank everyone who contributes with a venue, loan of equipment or in any other way to make the training possible and especially to the funders, the Wellesley Trust Fund at the Community Foundation Tyne & Wear and Northumberland.

Please let us know of any training you are interested in and we can look into arranging a session at UTASS.

Keep checking our Training Opportunities page www.utass.org/training-opportunities/ to see what's happening and contact Julia on 01833 641010 or e-mail julia@utass.org to discuss training requirements and available funding.

NORTH PENNINES AONB

Putting farmers and land managers at the heart of nature recovery

The North Pennines AONB Partnership and the Yorkshire Dales National Park Authority are working in partnership to deliver a major natural heritage programme covering 850km² of Upper Teesdale and Upper Swaledale.

We can support eligible farmers and land managers with:

- Upland hay meadow and species-rich grassland restoration
- Rush management
- Wetland and scrape creation
- Tree and hedge planting, and
- Peatland restoration

For more information, please contact Molly Jones, Farming Support Officer by emailing: molly@northpenninesaonb.org.uk



Volunteer with us

We have a range of opportunities to volunteer with us, from hands-on conservation work to meeting and greeting visitors at our Bowlees Visitor Centre.

We list all our volunteering opportunities on our new volunteer management platform, Better Impact. Once registered you can sign up for individual activities or simply register your areas of interest so we can contact you with future opportunities.

For more information see: <https://bit.ly/AONBVOLS>

the witham
Culture • Community • Commerce

2022

Join us for a summer of free live music in the Cafe Garden...

Summer Festival
EVERY WEEKEND

STARTING SATURDAY 25 JUNE
THROUGH TO SUNDAY 28 AUGUST

SATURDAYS 11.30am - 12.30pm & 2pm - 3pm & SUNDAYS 2pm - 3pm

See our website for details... www.thewitham.org.uk The Witham, 3 Horse Market, Barnard Castle, DL12 8LY Tel: 01833 631107

NORTH PENNINES AONB

Family Activities at Bowlees Visitor Centre

Join us for outdoor, nature-themed activity sessions at Bowlees Visitor Centre.

Bowlees Explorers runs one Thursday each month until October, excluding school holidays and is suitable for children up to 4 years old.

Older children (aged 3 to 11) can attend Discovery Club (once a month) and Wild Wednesdays (held on Wednesdays during school holidays).

For more information and to book see www.northpennines.org.uk/events

Delivered by the North Pennines AONB Partnership and UNESCO Global Geopark as part of the Tees-Swale: naturally connected programme and the Expanding Horizons project, both funded by The National Lottery Heritage Fund.



Capturing moments in Upper Teesdale Exhibition

Two artists working in very different media have collaborated on a unique exhibition celebrating the landscape and wildlife of the North Pennines Area of Outstanding Beauty (AONB).

'Capturing Moments in the Upper Dale' by international fibre artist, Chrissie Day, and photographer, Martin Rogers, will be on show at the North Pennines AONB Partnership's Bowlees Visitor Centre throughout June and July.

Entry is free and the centre is open daily, from 10am to 5pm.

Explore with our Geotours app

Why not explore the geology and landscape of inspiring sites in the North Pennines AONB and UNESCO Global Geopark with the Geotours app?

Geotours features selected walks and geological sites, and the North Pennines AONB is one of 11 international destinations available to explore. Discover some of our best geological trails as well as new routes based around points of interest, with directions and things to spot along the way. They include text and photos, and some tours have audio to give you more detail or take the form of a treasure hunt with quiz questions to answer and virtual objects to collect.

This app is available for Android and Apple devices – search for Geotours on your app store or visit this page for more information and download links:

It is best to download the app and the tours you want to use before you start your visit as internet connectivity is variable in the North Pennines. Selected Geotrails are also available as downloadable leaflets www.bit.ly/geotrails



Warning: scam calls and doorstep visits in Co Durham

Scammers have been cold calling by phone and at the doorstep pretending to be from the Council e.g. Care Connect – and they sound very convincing. Be alert to any activity which appears suspicious, both professionally and personally.

Residents have been contacted and:

- Asked to register for medical pendants
- Offered medical care or personal alarms for sale
- Asked if they are over 50
- Asked if they have recently had any falls
- Told they may be eligible for a free pendant or equipment
- Asked for bank details



Action Fraud
National Fraud & Cyber Crime Reporting Centre
0300 123 2040

Further information about scams and the support available for people who may have been targeted by scam activity is available on www.durham.gov.uk/scams

Report suspect phone numbers to **BT**; report all incidents to **Durham Police on 101**.

Ukraine scams

Fraudsters are attempting to take advantage of people's generosity during the crisis in Ukraine. Perpetrators are using the humanitarian crisis to scam the public of their money and deny vital support to the people of Ukraine. Examples are:

- Fraudsters are asking for money to release frozen funds in bank accounts. This may be an attempt to access your personal bank accounts and steal your personal information or bank details.
- Be aware of fake websites with links that if clicked on, download malware to steal personal information or bank details.
- Emails showing potentially a photoshopped photograph with urgent requests for help to send funds for flights, visas, and support for family members.
- Cash donations or Cryptocurrency scams with sites listing addresses for Bitcoin and Ethereum for Ukraine donations will never reach anything other than criminals' accounts.



Only use genuine charities that are registered with the Charities Commission.
You can search the [charity register on the GOV.UK website](#)



CHARITY COMMISSION
FOR ENGLAND AND WALES

Need advice?

**You can find us at UTASS, 9-11 CHAPEL ROW, MIDDLETON-IN-TEESDALE
on the 2nd Thursday of each month between 10 and 1pm**

If you would like to discuss any issue confidentially with a Citizens Advice advisor you can call into UTASS anytime between 10am and 1pm on the 2nd Thursday of each month. There's no need to make an appointment... debt, finances, housing, employment, consumer issues... they are here to help!

Alternatively, for general advice you can visit our website:
citizensadvice.org.uk where you can also chat to an adviser online

Phone 0808 278 7821
Monday to Friday
10am to 4pm



citizens
advice
County
Durham

Considering a career in agriculture when you leave school?



Kendal College Open Evening

On Wednesday the 6th of July representatives from Kendal college agriculture team (who are all ex staff from Newton Rigg college) will be coming to UTASS at 7pm to give an update of college courses available to anyone who is interested in the agricultural industry.

Both full-time courses and apprenticeships are available and, with enough interest, it may be possible to run apprenticeships locally to avoid unnecessary travel from Teesdale/Weardale.

There is no need to book a place, please just turn up on the evening.

If you have any questions please contact rebecca@utass.org.

Kendal College Open Evening

Wednesday 6th July '22
7pm
UTASS, Middleton-in-Teesdale

Come and discuss your options with the agri team.

Rachel Logan Foot Care at UTASS



**Call Rachel on
07825 314 487
to book your
appointment!**



ALL DAY-TO-DAY FOOT HEALTH REQUIREMENTS...

- Nail trimming & correction
- skin conditions
- Heel pain
- Removal of hard skin corns
- Callus
- Verrucae
- Blisters
- Athletes foot
- Fungal infections
- Diabetic foot assessment
- Ingrowing toenail management
- General footcare advice.



Coming up at your Community Arts Centre



Fri 1 to Sat 2 July 7.30pm	MUSICAL THEATRE – A West End Walk Teesdale Operatic Society bring cabaret entertainment, featuring all the musical theatre greats you know and love.
Sat 9 July 7.30pm	DANCE – Re-wind 80s Disco For those who love 80s music and remember the old Discos. 1980s clothes encouraged!
Sat 16 July From 5.00pm	COMEDY – Edinburgh Previews Day 1 (16+) Four brand new shows from top TV and radio comedians
Thurs 21 July 7.00pm	SCREENING – National Theatre Live: Prima Facie (15) Jodie Comer (Killing Eve) makes her West End debut in the UK premiere of Suzie Miller's award-winning play.
Sat 30 July From 5.00pm	COMEDY – Edinburgh Previews Day 2 (16+) Four brand new shows from top TV and radio comedians.
Sat 27 Aug 7.00pm	SCREENING – André Rieu's 2022 Maastricht Concert
Fri 2 Sept 7.30pm	COMEDY – Billy Pearce Live (16+)
Sun 4 Sept 2.00pm	CLASSICAL MUSIC: Sophia Strings Led by Ukrainian violinists and singer, playing popular classics and traditional Ukrainian music.
Thurs 8 Sept 7.00pm	SCREENING – National Theatre Live: Much Ado About Nothing (12A)
Sat 17 Sept 8.00pm	MUSIC – NE Street Band: The Songs of Bruce Springsteen
Fri 23 Sept 7.30pm	THEATRE - Phoney Fools and Horses: The Stage Show (12+)
Sat 24 Sept 7.30pm	COMEDY – Scott Bennett (14+)
Fri 30 Sept 7.30pm	THEATRE – A Doll's House by Henrik Ibsen

www.thewitham.org.uk

Box office: 01833 631107

The Witham, 3 Horse Market, Barnard Castle, DL12 8LY

Please check the website for up-to-date timings and information.

Agricultural Secretary

UTASS is looking for a friendly, empathetic and approachable person to join our agricultural support team



- Located:** UTASS Offices, Middleton-in-Teesdale.
Hours: Part Time 10 hours per week
Salary: £11,282 per annum (pro-rata based on 35hr working week.
(Full Time Equivalent £39,487).
Term: Permanent

We are looking to recruit an Agricultural Secretary to become the fourth member of our agricultural support team of part time staff. As the name suggests the team is focused on providing the ever-changing support needs of the agricultural community.

Our primary aim is to reduce stress and to improve mental health.

Where possible this is done by supporting, training and mentoring people to manage their own farm administration.

Where this is not possible, we deliver an appropriate level of support to ensure they are able to sustain their farm business.

The post holders' part in this will not only be to act as an advisor, mentor, advocate, and in some cases administrator for our farmer members, but importantly also to befriend them.

The Agricultural Support Team support each other, share their knowledge and specialisms, and where necessary work together to achieve their goal.

The trustees are looking for a candidate who is prepared to commit to a long-term contract and willing to expand their hours and responsibilities in the future if required.

For an application pack contact charlotte@utass.org

Closing date for applications:	Midnight Sunday 17th July 2022
Shortlisting:	w/c Monday 25th July 2022
Interviews:	Week commencing 1st August 2022

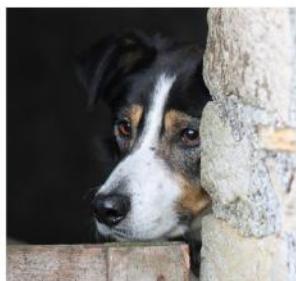
Please note these dates are provision and subject to review

UTASS 2022 CHRISTMAS CARD & 2023 CALENDAR

Our 2022 calendar was a huge success, being sold and shipped off all over the county and country!

If you have any photographs you'd like to offer for the 2022 Christmas card or the 2023 calendar please email them to emma@utass.org

If you would like to advertise your business in the calendar, get in touch for sponsorship details.



UTASS disclaimer

UTASS cannot take any responsibility and makes no warranties, representations or undertakings about the individuals advertising their services, the items for sale or content of any website accessed by hypertext link and links should not be taken as an endorsement of any kind. UTASS has no control over the availability of the linked pages.

Upper Teesdale Agricultural Support Services Ltd [UTASS]
is a Registered Charity 1120120 and Company Limited by Guarantee 6054331.

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