UTASS Community Newsletter APRIL



Monday	Tuesday	Wednesday	Thursday	Friday
10am - 12 noon CITIZENS ADVICE drop-in 11am - 12.30pm FREE Table games session with pie & peas	9am - 5pm BARCLAYS 9.45am - 12.45pm POST OFFICE 10am - 12noon CHAT AND CRAFT Drop-in session with crafts or activities to try. £1 There's always tea and cake!	9am - 10am PILATES - call Laura on 01833 641 202	10am REGULAR FREE SHOPPING TRIPS - Check for dates.	9am - 5pm BARCLAYS 10am REGULAR FREE SHOPPING TRIPS - Check for dates.
1.30pm WELLNESS WALKS with Sue Bainbridge. Meet at the Sports & Social Club. 6pm - 8pm YOUTH DROP-IN SESSION (Not during school holidays) For young people in school year 3 and above.	1.30pm REGULAR FREE SHOPPING TRIPS - Check for dates. 5.30 pm - 6.45pm HATHA YOGA & RELAXATION	5pm - 6pm RAINBOWS - Aged 4 - 7 years	2pm - 3pm GENTLE YOGA & MINDFULNESS 6pm - 7.30pm YOUTH DROP-IN SESSION (Not during school holidays) for school years 3 - 6 6pm - 8.30pm YOUTH DROP-IN SESSION (Not during school holidays) for Secondary school age	1.45pm - 3.30pm POST OFFICE 2.30pm - 3.30pm MONTHLY MUSIC & MEMORIES 16th February 6pm - 7pm BEAVERS - Aged 6 - 8 years 7pm - 8.30pm CUBS - Aged 8 - 10½ years

FRIDAY 12TH APRIL - TINDALE LEAVING UTASS AT 10:00AM

THURSDAY 25TH APRIL - STANHOPE LEAVING UTASS AT 10:30AM

TUESDAY 7TH MAY - TINDALE LEAVING UTASS AT 13:00PM

THURSDAY 23RD MAY - CROSS LANES LEAVING UTASS AT 11:00AM

> FRIDAY 7TH JUNE - TINDALE LEAVING UTASS AT 10:00AM

TUESDAY 18TH JUNE - RICHMOND TOWN CENTRE LEAVING UTASS AT 10:00AM

TO BOOK A SPACE ON ANY OF THE TRIPS PLEASE CALL THE OFFICE ON 01833 641010.

ARRANGEMENTS CAN BE MADE IF YOU WOULD LIKE TO BE PICKED UP IN ONE OF THE SURROUNDING VILLAGES.

Upcoming Training at UTASS

- 24th, 28th and 29th May NPTC Safe Use of Pesticides (£375)
- 8th June and 20th July Dry Stone Walling Taster Session (£40)
- 14th June and 12th July Emergency First Aid at Work (£75 +VAT)

Please contact Julia on 01833 641010 or julia@utass.org for more information or to book a place.



CHAT AND CRAFT AT UTASS TUESDAYS 10AM - 12PM

Please help us keep these events going with a £1 donation per session

26TH MAR	Pottery and glazing with Suzanne Thomas		
2ND APR	Thread flower creation with Ann Cill		
9TH APR	Wooden duck painting with Claire Priestley		
16TH APR	Tai Chi Movements for wellbeing with Claire Tellegen		
23RD APR	Calligraphy workshop with Alice Byrne		
30TH APR	Calligraphy workshop with Alice Byrne		
Chat and Craft is open to everyone, please pop in and join us!			

01833 641010

gina@utass.org for more information

UTASS, 9-11 Chapel Row, Middleton in Teesdale, DL12 OSN



MUSIC & Enjoy a trip down memory lane with a classic singalong - join in the singing or simply enjoy the music!

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Our minibuses are being used more frequently for a variety of activities on and off site. Including Youth Club sessions, Shopping Trips, Lunches, Music and

We also provide minibuses for other local

Memories and Ladies outings.



organisations and community groups. We really need new volunteer

drivers to fulfill all upcoming events, for more information or to get involved email caitlin@utass.org or call 01833 641010 or pop into the office!

NORTH PENNINES Area of Outstanding Natural Beauty

Springtime on The Farm: 3rd April, 10:30am - 12:30pm Come and see the new lambs and meet the friendly farm animals! £3 per child - all children must be supervised

Calling The Curlew: 13th April: 10am -1pm

Join us on a guided walk (2km) and art workshop to celebrate the iconic and rare bird, the curlew! £2 per child - all children must be supervised

For more information on the activities or to book a place please visit www.northpennines.org.uk/events/

Raby Estate Drop In with Joe Robinson

If you are a Raby Tenant and would like to discuss anything with Joe he will be at the UTASS Office, 9-11 Chapel Row, Middleton-in-Teesdale

> From 9.30am on Thursday 25th April

NO APPOINTMENT NEEDED

(please note you may not be seen straightaway) FOR MORE INFORMATION PLEASE RING 01833 641010



The summer season restarts on Monday 8th April, these fixtures are open to nonmembers, but only club members can win the allotted

Mon 8th 18:00 -Eric Wilkinson Memorial Cup 50 ABT Mon 15th 18:00 -Stephen Mitchell Memorial Trophy 50 Sporting; Cowen Bellezz Trophy 25 DTL Mon 22nd 18:00 -Veterans Trophy 25 DTL; Mc Garr Bros Cup 25 **DTL Ladies** Mon 29th 18:00 -Norman Field Cup 25 DTL;

TGC Secretary's Handicap Shield 25 DTL; Hordon Grouse 25 Sporting Juniors

Why not give clay target shooting a go yourself? Treat your staff for a day out or even arrange a stag or hen party? Visit our website for further details www.teesdalegunclub.co.uk



Staindrop Primary SUMMER SCHOOL July 22nd - August 2nd

8am-5pm every day

Forest school, arts and crafts, cookery, sports/games and STEM activities!

> FULL WEEK - £130 DAY RATE - £30

Places are filled on a first served basis. Summer School is open to all Primary School pupils (not only those attending Staindrop School).

For more information please contact Caroline on charland@staindropce.co.uk or call the School on 01833 660334

ANDALUCIA HOSTS



FOR TEESDALE DAY CLUBS & SPECIAL OLYMPICS **TEESDALE BRANCH**

Join us for a special evening of celebration and collaboration for Teesdale Day Club's 30th anniversary with exquisite wine and cheese tasting, relaxing aromatherapy and a luxury raffle.

> APRIL 26, 6-9PM £20 PER TICKET



FILM WONKA - WITH LIVE STORYTELLING Exctracts from 'Charlie & the Chocolate Factory' at LI5pm Wonka film showing 2pm | Easter Bonnet Competition ADULT E4 | CHILD E3 | FAMILY E12



MORGAN & WEST'S MASSIVE MAGIC SHOW FOR KIDS - 2PM Recommended age 5+ Running time: 60 mins - no interval ADULT £12 | CHILD £10 | FAMILY £35

THE ULTIMATE BUBBLE SHOW - 2:30PM Running time: 85 minutes ing interv Under 2s FREE ADULT £12 | CHILD £10 | FAMILY £35

> MEGASLAM WRESTLING: 202L LIVE TOUR - 7:30PM ADULT £15 | CHILD £10 | FAMILY £40

THE GUNGE SHOW WITH LEE KYLE - IPM Running time: 60 mins - no interval ADULT E12 | CHILD E10 | FAMILY E35

TOP SECRET: THE MAGIC OF SCIENCE - 2PM Running time: 60 mins approx. ADULT E12 | CHILD E10 | FAMILY E40

01833 631107 | WWW.THEWITHAM.ORG.UK

When life gets overwhelming it can help to have someone to talk to - our resilience team are here for you. To make a confidential initial appointment contact UTASS on 01833 641010

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