### UTASS Community Newsletter ΜΔΥ



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Monday	Tuesday	Wednesday	Thursday	Friday
10am - 12 noon CITIZENS ADVICE drop-in 11am - 12.30pm FREE Table games session with pie & peas 1.30pm WELLNESS WALKS with Sue Bainbridge. Meet at the Sports & Social Club. 6pm - 8pm YOUTH DROP-IN SESSION (Not during school holidays) For young people in school year 3 and above.	<ul> <li>9am - 5pm BARCLAYS</li> <li>9.45am - 12.45pm POST OFFICE POST OFFICE</li> <li>10am - 12noon CHAT AND CRAFT Drop-in session with crafts or activities to try. £1 There's always tea and cake!</li> <li>1.30pm REGULAR FREE SHOPPING TRIPS - Check for dates.</li> <li>5.30 pm - 6.45pm HATHA YOGA &amp; RELAXATION</li> </ul>	9am - 10am PILATES - call Laura on 01833 641 202 5pm - 6pm RAINBOWS - Aged 4 - 7 years	10am REGULAR FREE SHOPPING TRIPS - Check for dates. 2pm - 3pm GENTLE YOGA & MINDFULNESS 6pm - 7.30pm YOUTH DROP-IN SESSION (Not during school holidays) for school years 3 - 6 6pm - 8.30pm YOUTH DROP-IN SESSION (Not during school holidays) for Secondary school age	9am - 5pm BARCLAYS 10am REGULAR FREE SHOPPING TRIPS - Check for dates. 1.45pm - 3.30pm POST OFFICE 2.30pm - 3.30pm MONTHLY MUSIC & MEMORIES 17th May 6pm - 7pm BEAVERS - Aged 6 - 8 years 7pm - 8.30pm CUBS - Aged 8 - 10½ years
Freesonic for the second state of t		<ul> <li>24th, 2 Pestic</li> <li>8th Ju Taster</li> <li>13th Ju theory</li> <li>14th J at Wor</li> </ul>	<ul> <li>Upcoming Training at UTASS</li> <li>24th, 28th and 29th May - NPTC Safe Use of Pesticides (£375)</li> <li>8th June and 20th July - Dry Stone Walling Taster Session (£40)</li> <li>13th June - NPTC Safe Use of Sheep Dips theory (practical session at a later date)</li> <li>14th June and 12th July - Emergency First Aid at Work (£75 +VAT)</li> <li>Please contact Julia on 01833 641010 or julia@utass.org for more information or to book a place.</li> </ul>	
21st May Paper flower creation NO SESSIONS ON 28th May or 4th June 11th June Fan painting 18th June Pom pom coaster creation 25th June Scent bag creation and decorating 01833 641010 gina@utass.org for more information UTASS, 9-11 Chapel Row, Middleton in Teesdale, DL12 0SN When life gets overwhelming it can help to have someor to talk to - our resilience team are here for you. To make a confidential initial appointment contact UTASS on 01833 641010		omeone Du.	<ul> <li>Shopping Diggs</li> <li>Shopping Diggs</li> <li>Shopping Diggs</li> <li>Shursday 7th May - tindale Leaving utass at 13:00pm</li> <li>Thursday 23rd May - cross lanes Leaving utass at 11:00am</li> <li>Friday 7th June - tindale Leaving utass at 10:00am</li> <li>Tuesday 18th June - Richmond town centre Leaving utass at 10:00am</li> <li>Tuesday 18th June - Richmond town centre Leaving utass at 10:00am</li> <li>Tuesday 18th June - Richmond town centre Leaving utass at 10:00am</li> <li>Tuesday 18th June - Richmond town centre Leaving utass at 10:00am</li> <li>Tuesday 18th June - Richmond town centre Leaving utass at 10:00am</li> <li>Tuesday 18th June - Richmond town centre Leaving utass at 10:00am</li> </ul>	

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# UTASS Community Newsletter







Enjoy a trip down memory lane with a classic singalong - join in the singing or simply enjoy the music! The summer season has now started and the club is open every Monday from 6pm.

Why not give clay target shooting a go yourself? Treat your staff for a day out or even arrange a stag or hen party? Visit our website for further details www.teesdalegunclub.co.uk

We now accept bank card payments at all shoots. A receipt can be provided.



Forest school, arts and crafts, cookery, sports/games and STEM activities!

#### FULL WEEK - £130 DAY RATE - £30

Available to all Primary School pupils (not just those currently attending Staindrop Primary)

For more information please contact Caroline on charland@staindropce.co.uk or call the School on 01833 660334

## CAN YOU



Our minibuses are being used more frequently for a variety of activities on and off site. Including Youth Club sessions, Shopping Trips, Lunches, Music and Memories and Ladies outings.

> We also provide minibuses for other local organisations and community groups.



We really need new volunteer drivers to fulfill all upcoming events, for more information or to get involved email caitlin@utass.org or call 01833 641010 or pop into the office!

### NORTH PENNINES

BeeWalk training - Teesdale pollinator survey: 16th May, 9:30am - 4:30pm Learn to identify all 24 British bumblebees with the Bumblebee Conservation Trust

New Parent/Carer Guided Walk: 23rd May, 10am - 12pm Join us on a guided walk from Bowlees Visitor Centre

Adder-ation: 26th May, 1-4pm A family friendly event learning about adders.

For more information on the activities or to book a place please visit www.northpennines.org.uk/events/

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## Funding Available

Funding available from the Wellesley Trust Fund for: Car/Motorbike Driving Lessons, Quad Bike Training, Pre-test Tractor Training, Lantra 13-15yrs Tractor Driving, Lantra Rough Terrain Telescopic.

For more information please contact Caitlin caitlineutass.org or call 01833 641010



YOUNG DRIVER TRAINING FUNDING

APPLY HERE: https://forms. office.com/e/t fRDx5Vw4p

Deadline for applications is 5pm, Sunday 5th May 2024