

JANUARY



Monday

10am - 12 noon
CITIZENS ADVICE drop-in

11am - 12.30pm
FREE Table games session with pie & peas

1.30pm
WELLNESS WALKS with Sue or Wendy. Meet at the Sports & Social Club.

6pm - 8pm
YOUTH DROP-IN SESSION (Not during school holidays) For young people in school year 3 and above.

Tuesday

9am - 5pm BARCLAYS

9.45am - 12.45pm
POST OFFICE

10am - 12noon
CHAT AND CRAFT
Drop-in session with crafts or activities to try. £1
There's always tea and cake!

5.30 pm - 6.45pm
HATHA YOGA & RELAXATION

Wednesday

9.00am - 10.00am
PILATES - call Laura on 01833 641 202

5pm - 6pm
RAINBOWS - Aged 4 - 7 years

Thursday

10am
REGULAR FREE SHOPPING TRIPS - Check for dates.

1.45pm - 2.45pm
GENTLE YOGA & MINDFULNESS

6pm - 7.30pm
YOUTH DROP-IN SESSION (Not during school holidays) for school years 3 - 6

6pm - 8.30pm
YOUTH DROP-IN SESSION (Not during school holidays) for Secondary school age

Friday

9am - 5pm BARCLAYS

10am
REGULAR FREE SHOPPING TRIPS - Check for dates.

1.45pm - 3.30pm
POST OFFICE

2.30pm - 3.30pm
MONTHLY MUSIC & MEMORIES

6pm - 7pm
BEAVERS - Aged 6 - 8 years

7pm - 8.30pm
CUBS - Aged 8 - 10½ years



THERE WILL BE NO PIE & PEAS SESSIONS, CHAT & CRAFT SESSIONS OR YOUTH SESSIONS UNTIL THE WEEK COMMENCING 13TH JANUARY 2025

OUR NEW MINIBUS HAS ARRIVED!

The new bus seats 13 passengers, plus the driver and is equipped with an internal tail lift making it wheelchair accessible!



AVAILABLE TO HIRE!

For pricing and further information please contact caitlin@utass.org or call 01833 641010.

CHAT AND CRAFT AT UTASS TUESDAYS 10AM - 12PM

Please help us keep these events going with a £1 donation per session

- 14th Jan - Stained glass workshop by EdenStained Glass
- 21st Jan - Stained glass workshop by EdenStained Glass
- 28th Jan - Stained Glass workshop by EdenStained Glass
- 4th Feb - Stained Glass workshop by EdenStained Glass
- 11th Feb - Stained Glass workshop by EdenStained Glass
- 18th Feb - Stained Glass workshop by EdenStained Glass
- 25th Feb - visit to Nenthead
- 4th Mar - visit to Coldberry
- 11th Mar - Teesdale felt textured shibori felt decorated with sewing
- 18th Mar - TBC
- 25th Mar - Teesdale felt textured shibori felt decorated with sewing

01833 641010

gina@utass.org for more information

UTASS,
9-11 Chapel Row,
Middleton in Teesdale,
DL12 0SN

2025

Shopping Trips

THURSDAY 30TH JANUARY
TINDALE
LEAVING UTASS AT 10AM

TUESDAY 4TH FEBRUARY
THORPE FARM
LEAVING UTASS AT 10AM

THURSDAY 20TH FEBRUARY
LANCHESTER GARDEN CENTRE
LEAVING UTASS AT 10AM

TO BOOK A SPACE ON ANY OF THE TRIPS PLEASE CALL THE OFFICE ON 01833 641010. ARRANGEMENTS CAN BE MADE IF YOU WOULD LIKE TO BE PICKED UP IN ONE OF THE SURROUNDING VILLAGES.

HAPPY NEW YEAR

From everyone at
UTASS

MARCH ~ DECEMBER 2025 TWO INCREDIBLE EVENTS

ALL UNDER ONE ROOF @
MIDDLETON AUCTION MART
DL12 0PJ



MIDDLETON FARMERS MARKET



MIDDLETON INDIE MARKET

2025 DATES
22ND MARCH. 26TH APRIL
24TH MAY. 28TH JUNE
26TH JULY. 23RD AUGUST
27TH SEPTEMBER. 25TH OCTOBER
22ND NOVEMBER. 20TH DECEMBER

www.middletonteesdalefarmersmarket.co.uk

JANUARY



CREATE NORTH

Enterprising Mums

UTASS Friday 7th March 2025 9.30am-2.30pm



Fun, practical enterprise event to help mums make ideas happen

These engaging and supportive events are designed to help you explore enterprise ideas, think about what it takes to start your own business, and find out about valuable start-up support and funding.

Lunch, refreshments, loads of information and playworker on hand - children are positively welcome.

Places are limited, so book now to avoid disappointment! Don't miss out on these lively, informal events that could shape the future of your business.

<https://createnorth.co.uk/events/enterprising-mums-utass/>



Upcoming Training



- **January 2025** - date TBC- Quad bike training
- **17.02.25** - FREE Emergency First Aid at Work for Farmers
- **28.02.25** - Emergency First Aid at Work
- **9.03.25** - Outdoor First Aid Training
- **23.03.25** - Outdoor First Aid Training

For more information please contact Julia
julia@utass.org
 or call 01833 641010



CREATE NORTH

Make the Most of the Teesdale

UTASS, 7th February 2025 9.30am-3.30pm

Are you looking to start or grow a business in the arts, food & drink, or hospitality and tourism sectors?



Join us at **UTASS** in Middleton in Teesdale for an inspiring, hands-on event that will show you how to make the most of the unique opportunities that Teesdale has to offer.

At this **free** event, successful local entrepreneurs will share how they've tapped into Teesdale's potential to create thriving businesses. You'll gain valuable insights on how you can do the same.

This event is part of a series of enterprise roadshows hosted by Durham Startups and is funded by the UK Shared Prosperity Fund.

Places are limited, so book now to avoid disappointment!
www.createnorth.co.uk/events/

Don't miss out on this lively, informal event that could shape the future of your business.



MUSIC & MEMORIES

These monthly sessions are led by Mike Bettison with his ukulele and provide a welcoming setting for a sing-a-long.

The session takes place at UTASS, 9-11 Chapel Row, Middleton in Teesdale. DL12 0SN

2.30pm - 3.30pm

Upcoming Fridays

No need to book
 Transport may be available!

17 January '25
 14 February
 14 March

For further details please contact
 Julia on 01833 641010
 or email julia@utass.org



2025

When life gets overwhelming it can help to have someone to talk to - our resilience team are here for you.

To make a confidential initial appointment contact
UTASS on 01833 641010

Local Women in Farming Network

We've launched our new Women in Farming network and we would love you to be involved.

By 'Women in Farming' we mean farmers, farmer's wives, farmer's daughters, farm helpers, farm workers... basically if you're involved in farming in any way, you're welcome!

If you'd like to find out more about about the network, call Caitlin on 01833 641010 or email caitlin@utass.org

SUPPORTING FARMER WELFARE
 ACROSS THE NORTH OF ENGLAND.



CAN YOU HELP?



Our minibuses are being used more frequently for a variety of activities on and off site. Including Youth Club sessions, Shopping Trips, Lunches, Music and Memories and Ladies outings.

We also provide minibuses for other local organisations and community groups.



We really need new volunteer drivers to fulfil all upcoming events, for more information or to get involved email caitlin@utass.org or call 01833 641010 or pop into the office!