### UTASS COMMUNITY NEWSLETTER

# **DECEMBER**





As 2025 draws to a close, we would like to thank everyone for their continued support throughout the

On behalf of all the staff & trustees we would like to wish you all the very best at Christmas & happiness & good health in 2026.

We look forward to seeing you all in the New Year.

## **UTASS OPENING TIMES**



UTASS will close for Christmas from 5pm on Friday 19<sup>th</sup>

December.

Please don't forget that if you need urgent support we are available 24 hours a day, any day by calling **07393 606410** 

Agricultural support is still available too, BCMS & ARAMS movements can be posted through the door & will be dealt with on a daily basis.

UTASS will re open on Monday 5th January 2026.

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### Monday

lam - 12 noon CITIZENS ADVICE drop

**FREE PIE & PEAS and** 

11am - 12.30pm

table games

## Tuesday

9am - 5pm

9.45am - 12.45pm **POST OFFICE** 



10am - 12noon **CHAT AND CRAFT** 

Drop-in session with crafts or activities to try. £1 There's always tea and cake!

5.30 pm - 6.45pm **HATHA YOGA & RELAXATION** 

1.30pm **WELLNESS WALKS with** Sue or Wendy. Meet at the Sports & Social Club.

6pm-8pm YOUTH DROP-IN SESSION

### Wednesday Thursday

(OFFICE CLOSED)

5pm - 6pm RAINBOWS - Aged 4 - 7 vears

10am-11am MOVE IT OR LOSE IT WITH

1pm-3pm

SIMON

**FORTNIGHTLY MENS PIE CLUB** 

3pm - 4pm

**GENTLE YOGA & MINDFULNESS** 

6pm-8pm YOUTH DROP-IN SESSION (Not during school holidays)

### Friday

**REGULAR FREE SHOPPING** TRIPS - Check for dates.

1.45pm - 3.30pm POST OFFICE



2.30pm - 3.30pm **MONTHLY MUSIC & MEMORIES** 

5.30pm-6.30pm BEAVERS - Aged 6 - 8 years

6.45pm-7.45pm CUBS - Aged 8 - 101/2 years

SCOUTS - Aged 10 1/2 years to 14 years



Tuesday 9th December 2025, 7pm Festive Social - Moorcock Inn, Eggleston

Join us for a fun and relaxed session - Christmas Crafts, a quiz and chance to catch up with each other. Supper provided.

To book your place contact 01833 641010 or email info@utass.org

# MUSIC

These monthly sessions are led by Mike Bettison with his ukulele and provide a welcoming setting for a sing-a-long.

2.30pm - 3.30pm

**Upcoming Fridays** 19th December 2025 30th January 2026 20th February 2026 13th March 2026 17th April 2026 29th May 2026 19th June 2026

For details of how to join online or by phone, please contact UTASS on <u>01833 641010</u>

or email info@utass.org

Transport may

No need to book be available!

**Upper Teesdale** Agricultural Support Services Barclays Local is closing on 12 December

You can also use Online Banking and the Barclays app<sup>1</sup> for most of your banking any time of day.

For current opening hours and our other locations, search 'Find Barclays'



When life gets overwhelming it can help to have someone to talk to - our resilience team are here for you.

To make a confidential initial appointment contact UTASS on 01833 641010





### ASS Community Newsletter

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#### TIME TOGETHER Teesdate

#### VOLUNTEER RECRUITMENT

Your Community Needs You Start 2026 Making a Difference



Can you give JUST one hour a week or month
Make a real difference in your community
support those who feel lonely or isolated.

A friendly chat N A walk A coffee







#### JOIN OUR AMAZING VOLUNTEER TEAM TODAY

FEEL AMAZING MEET NEW PEOPLE TOGETHER WE CAN MAKE A DIFFERENCE

Your companionship can help someone feel more connected and valued.

Bring joy to others while enriching your own life!

Full training & Support provided

We also cover volunteers out of pocket expenses





Call UTASS on 01833 641010 or Suzanne Wallace 07388121135 or email suzanne@utass.org / timetogetherteesdale@gmail.com



#### **FESTIVE OPENING TIMES**

The last Post Office session of 2025 will be on Friday 19<sup>th</sup> December 1.45pm and will be restarting on Tuesday 6<sup>th</sup> January 2026 at 9.45am

Barnard Castle Post Office operates a satellite branch at UTASS:

9:45am until 12:45pm on Tuesdays 1:45pm until 3:30pm on Fridays



# Festive Opening Hours

Our last session will be Monday 15th December

We will reopen on Monday 5th January

Access information 24 hours a day at citizensadvice.org.uk

Citizens Advice County Durham is a registered chari-







Please help us keep these events going with a £1 donation per session

2nd December - Christmas gift bag/box creation
Saturday 6th December - Christmas Celebration at the Bowes
Museum (time tbc)

9th December -Enamel Christmas decoration creation with Claire Priestley

16th December - Christmas centre piece making with Julieanne Brough

**Merry Christmas Everyone!** 

Next chat and craft session is 13th January 202

01833 641010

gina@utass.org for more information



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# Tech Drop in Session at UTASS with

**Thursday 11<sup>th</sup> December** 

1pm - 3pm

For all your tech needs!

NEW DATES COMING FOR JANUARY 2026



Weekly exercise class with Simon Thursday 10am - 11am

Last session before Christmas will be Thursday 18<sup>th</sup> December 10am



For more information contact Simon 07949489763

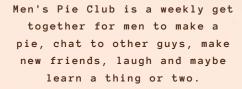
Restarting on Thursday 8th January 2026 10am

#### MEN'S PIE CLUB

LOCAL GUYS, MAKING PIES

UPCOMING THURSDAYS
1pm-3pm at UTASS

4th December 18th December



For more information call UTASS on 01833 641010 or email info@utass.org



We are open to non-members and visitor's and there is no obligation to enter any club competition. Complete novices who would like to have an experience at clay target shooting, please contact **Nigel Mitchell** on 07976 736439 or **Tony Brittain** on 07932 754101 to book that experience or visit our website www.teesdalegunclub.co.uk





With support funding from,

The Teesdale Gun Club have been able to improve access to all areas of the ground for wheel chair users and having a designated parking area for 2 cars. This project is the final piece of the infrastructure improvements that have been ongoing for the past 7 years.





# Upcoming Training Dates

- 1 & 3 December-Rodenticide Training, UTASS
- 5 & 9 January Rodenticide Training, UTASS
- 23 January Emergency First Aid at Work, UTASS
- 27 February Emergency First Aid at Work, UTASS
- 27 March Emergency First Aid at Work, UTASS
- 24 April Emergency First Aid at Work, UTASS
- 22 May Emergency First Aid at Work, UTASS
- 6 June Dry Stone Walling Taster Day
- 26 June Emergency First Aid at Work, UTASS
- 11 July Dry Stone Walling Taster Day

Contact jo@utass for all your training needs or call 01833
641010



# UTASS 2026 CALENDARS AVAILABLE NOW!

