

FEBRUARY



Monday

10am - 12 noon **CITIZENS ADVICE drop-in** (citizens advice)

11am - 12.30pm **FREE PIE & PEAS** and table games

1.30pm **WELLNESS WALKS** with Sue or Wendy. Meet at the Sports & Social Club.

6pm - 8pm **YOUTH DROP-IN SESSION**

Tuesday

9.45am - 12.45pm **POST OFFICE** (POST OFFICE)

10am - 12noon **CHAT AND CRAFT**
Drop-in session with crafts or activities to try. £1
There's always tea and cake!

5.30 pm - 6.45pm **HATHA YOGA & RELAXATION**

Wednesday

9am - 10am **PILATES** - call Laura on 01833 641 202

(OFFICE CLOSED)

5pm - 6pm **RAINBOWS** - Aged 4 - 7 years
7pm-9pm **BEGINNERS WATERCOLOUR ART CLASS**

Thursday

10am-11am **MOVE IT OR LOSE IT WITH SIMON**

1pm-3pm **FORTNIGHTLY MENS PIE CLUB**
3pm - 4pm **GENTLE YOGA & MINDFULNESS**

6pm-8pm **YOUTH DROP-IN SESSION**
(Not during school holidays)

Friday

10am **REGULAR FREE SHOPPING TRIPS** - Check for dates. (POST OFFICE)

1.45pm - 3.30pm **POST OFFICE** (POST OFFICE)

2.30pm - 3.30pm **MONTHLY MUSIC & MEMORIES**

5.30pm-6.30pm **BEAVERS** - Aged 6 - 8 years

6.45pm-7.45pm **CUBS** - Aged 8 - 10½ years

8pm-9pm **SCOUTS** - Aged 10 ½ years to 14 years

DAVID EAGLE

FLYING SOLO



"My God, David Eagle makes me laugh. A ludicrously amusing gentleman."
Miles Jupp

"A comic tour de force."
The Guardian

David Eagle is a multi-award winning comedian musician, best known for being a member of the folk band The Young'uns and his own BBC Radio 4 series, Eagle on the Air. His comedy, armed with an accordion, often explores how being blind transforms everyday life into surreal, surprising misadventures ...

UTASS, Middleton in Teesdale DL12 0SN
Sat 25 April 7:00pm

Tickets: £15 / Under 25s £10 (age recommendation 14+)
Phone 01833 641010 or
book online www.highlightsnorth.co.uk

EXCITING NEWS

Follow our



WhatsApp

Channel




Utass
WhatsApp channel



Scan this QR code using the camera to view or follow this channel.



FEBRUARY



CAN YOU HELP?



Our minibuses are being used more frequently for a variety of activities on and off site. Including Youth Club sessions, Shopping Trips, Lunches, Music and Memories and Ladies outings.



We also provide minibuses for other local organisations and community groups.

We really need new volunteer drivers to fulfil all upcoming events, for more information or to get involved email jo@utass.org or call **01833 641010** or pop into the office!



Upcoming Training Dates

- 27 February - Emergency First Aid at Work, UTASS
- 4 March - Rodenticide Training, UTASS
- 7 March - Rodenticide Assessment, UTASS
- 27 March - Emergency First Aid at Work, UTASS
- 24 April - Emergency First Aid at Work, UTASS
- 22 May - Emergency First Aid at Work, UTASS
- 6 June - Dry Stone Walling Taster Day
- 26 June - Emergency First Aid at Work, UTASS
- 11 July - Dry Stone Walling Taster Day



Contact jo@utass.org for all your training needs or call **01833 641010**



These monthly sessions are led by Mike Bettison with his ukulele and provide a welcoming setting for a sing-a-long.

2.30pm - 3.30pm

Upcoming Fridays

30th January 2026

20th February 2026

13th March 2026

17th April 2026

29th May 2026

19th June 2026

No need to book
Transport may
be available!



For details of how to join online or by phone, please contact UTASS on **01833 641010** or email info@utass.org



Teesdale
Area Action
Partnership

Tech Drop in Session at UTASS with



1pm - 3pm

Thursday 22nd January

Thursday 5th February

Thursday 19th February



For all your tech needs!



FEBRUARY



Upcoming Event

All Things Cattle Post-Mortem

At Middleton-in-Teesdale Auction Mart

Wednesday 25th February 2026, 6.30pm

Supper included.

Join AHDB and UTASS as we watch and hear from Ben Strugnell BVM&S Cert PM MRCVS of Farm Post Mortems Ltd.

Ben is a world-renowned independent vet and farm animal pathologist who will conduct post-mortems of cattle and explain the findings.

Booking is essential.

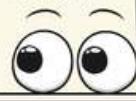


With thanks to Middleton Auction Mart for hosting



We have lots of jigsaws & books here at UTASS that are looking for a new home!

Pop in and have a look...



When life gets overwhelming it can help to have someone to talk to - our resilience team are here for you.

To make a confidential initial appointment contact UTASS on 01833 641010

Annual Service Users Survey

By completing our survey, you'll help us make sure we're providing the services you need now, plan for services you may need in the future, and identify where we can improve.

WE WANT YOUR FEEDBACK!
WHAT DO YOU THINK?
YOUR OPINION MATTERS!



Please take a few minutes to complete the survey, you can use the link or QR code below.

bit.ly/UTASS2025survey

If you would prefer a paper copy, or to go through the survey with a member of staff please let us know.

Your responses are vital

in helping us improve our services.



“UTASS...
A place for everyone.
Supporting people living and
working across the Durham Dales.”



Need advice?

You can find us at

UTASS

EVERY MONDAY

**10AM-
12 NOON**

No appointment needed

Talk to a friendly, trained advisor who could help you claim Attendance Allowance, Pensions Credit or a Blue Badge....whatever the issue, they are here to help!



FEBRUARY



Shopping Trips 2026

MONDAY 16TH FEBRUARY

TINDALE

LEAVING UTASS AT 9.30AM

MONDAY 23RD MARCH

NORTHALLERTON

LEAVING UTASS AT 9.30AM

Suggested Donation £3

TO BOOK A SPACE ON ANY OF THE TRIPS
PLEASE CALL THE OFFICE ON 01833 641010.
ARRANGEMENTS CAN BE MADE IF YOU WOULD
LIKE TO BE PICKED UP IN ONE OF THE
SURROUNDING VILLAGES.



POST OFFICE

opening times:

Tuesdays
09:45 - 12:45

Fridays
13:45 - 15:30

You CAN:

- Pay most household bills with a barcode
- Get a balance on your bank account
- Withdraw cash (not for business accounts)
- Pay in cash
- Pay in cheques
- Get small amounts of change if requested with prior notice

You CAN NOT:

- Pay credit card bills
- Pay TV Licence
- Pay for Road Tax (although UTASS can help with this)

THORPE FARM CENTRE **RUN For FUN**

12 April 2026

Sunday 9am start

£2 per entry - all proceeds to UTASS

Best Dressed Competition

(Easter Bunny costumes encouraged for adults and kids!)

Food and refreshments will be available

Run Distances: 2 K | 5 KM

01833 627242

admin@thorpefarm.co.uk

www.thorpefarm.co.uk

Thorpe Farm Centre
Barnard Castle
DL12 9TY



Our Local Women in Farming Network

Upcoming Meetings...

Tuesday 3rd February 2026, 6pm

CPR/Defibrillator Training at the Moorcock Inn

We'll be joined by Sue Bainbridge as she teaches us everything we need to know about CPR and how to use a defibrillator. Supper included.

Monday 23rd February 2026, 7pm

Animal Health & Nutrition at the Moorcock Inn

We'll be joined by Rebecca from Carr's Billington, discussing all things animal health and nutrition. From worming to post-lambing and calving care. Supper included.

To book your place contact 01833 641010 or email info@utass.org

SUPPORTING FARMER WELFARE
ACROSS THE NORTH OF ENGLAND.

IN PARTNERSHIP WITH:

