UTASS Community Newsletter

NOVEMBER

Monday

10am - 12 noon
CITIZENS ADVICE drop-in

11am - 12.30pm
FREE PIE & PEAS and table games

1.30pm
WELLNESS WALKS with Sue or Wendy. Meet at the Sports & Social Club.

6pm-8pm
YOUTH GROUP
(Pre booking only)
(Not during school holidays)

Tuesday

9.45am - 12.45pm
POST OFFICE

10am - 12noon
CHAT AND CRAFT
Drop-in session with crafts or activities to try. £1
There's always tea and cake!

5.30pm - 6.45pm
HATHA YOGA & RELAXATION

Wednesday

9am - 10am
PILATES - call Laura on 01833 641 202

5pm - 6pm
RAINBOWS - Aged 4 - 7 years

Thursday

10am-11am
MOVE IT OR LOSE IT WITH SIMON

1pm-3pm
FORTNIGHTLY MENS PIE CLUB

1pm-3pm
FORTNIGHTLY TECH DROP-IN

3pm - 4pm
GENTLE YOGA & MINDFULNESS

6pm-8pm
YOUTH DROP-IN SESSION
(Not during school holidays)

Friday

1.45pm - 3.30pm
POST OFFICE

2.30pm - 3.30pm
MONTHLY MUSIC & MEMORIES

2.45PM-4PM
MONTHLY POLICE PACT MEETINGS

5.30pm-6.30pm
BEAVERS - Aged 6 - 8 years

6.45pm-7.45pm
CUBS - Aged 8 - 10½ years

8pm-9pm
SCOUTS - Aged 10 ½ years to 14 years

UTASS 2027 Calendar



The Fourteenth Middleton Mart Christmas Fair

is taking place on

Saturday 28th November 2026
11 am to 3 pm

Middleton-in-Teesdale Farmers Mart, Station Road,
Middleton-in-Teesdale DL12 0PG

FREE PARKING AND FREE ENTRY

CAFE OPEN!

An eclectic mix of over 65 traders, businesses, crafters & makers!

SANTAS GROTTO!
Open from 12 noon

Everyone is invited to the annual Christmas Lights Switch-On event in the village from 3:30pm, before heading to the Sports & Social Club for Festive Family Prize Bingo!

emma@utass.org / 07393 606410

UTASS Community Newsletter

NOVEMBER

Women In Farming

Are you a woman in agriculture?

Would you like to meet like-minded farming ladies?

Come along to our Women In Farming group here at UTASS

With free activites ranging from farm tours, arts & crafts and social evenings

To get involved, contact hazel@utass.org or call UTASS on 01833 641010

Christmas Cards

ON SALE NOW

at the UTASS office.

All profits from the sale of these cards & calendars go to supporting UTASS

Farm Resilience Programme

Farming is changing and it can feel hard to keep up. The Farm Resilience Programme supports you with the whole farm and family in mind.

THE ROYAL COUNTRYSIDE FUND

This programme is FREE and open to everyone in your family or farm business

You'll receive a tailored business health check and 4 practical sessions to help you:

- Make sense of what's changing around you
- Explore current and future business and environmental opportunities
- Build a practical plan that suits your short-term goals and long-term business strategy

www.royalcountrysidefund.org.uk/farmresilience

To find out more, please contact katie@utass.org or call UTASS on 01833641010

FIRST AID

EMERGENCY FIRST AID AT WORK

Friday 11th December at UTASS

One - day course

9 - 5pm

£80 plus VAT

Funding may be available

Contact gill@utass.org or call UTASS on 01833 641010

SPACES STILL AVAILABLE!

RODENTICIDE COURSE

Monday 30th November at UTASS

One-day theory course, followed by an assessment on a second day

£150 plus VAT

To book - contact gill@utass.org or call UTASS on 01833 641010

Gentle Yoga and Relaxation with June

FREE sessions here at UTASS every Thursday 3pm - 4pm

All sessions emphasize on breathing, relaxation and mindfulness and are followed by a hot drink

Please call 01833 641010 or email info@utass.org to book your space

These sessions will be held by Dr June Wainwright. Community Resilience Support. Phd and MPhil Social Work, Post Grad, Dips in counselling & CBT, Yoga Teacher

UTASS Community Newsletter

NOVEMBER

MUSIC & MEMORIES

These monthly sessions are led by Mike Bettison with his ukulele and provide a welcoming setting for a sing-a-long.

Upcoming Fridays

20th November 2026
18th December 2026

2.30pm - 3.30pm

No need to book
Transport may be available!

For details of how to join online or by phone, please contact UTASS on 01833 641010 or email info@utass.org

STAINDROP C.E. PRIMARY SCHOOL

Bonfire Night

Stay and Play

Join us for a fun, family-friendly evening to explore our early years setting!

For new and prospective Nursery and Reception families

Wednesday 4th November
4.00pm – 6.00pm

- Toasting marshmallows
- Bonfire-themed crafts
- Forest School activities
- Firework-themed play and mark making
- Hot chocolate and refreshments available

Come along and explore our indoor and outdoor learning environments and see what makes our early years setting such a special place to learn and grow.

- Fun activities for children
- Meet our experienced team
- Explore our setting
- A warm welcome for all families

Reception applications are open for 2027

Staindrop C.E. Primary School
Swan Wynd, Staindrop,
Darlington, DL2 3NL

Tel: 01833 660 334
Email: office@staindropce.co.uk

Please telephone or email to book your place

Shopping Trips 2026

Tuesday 24th November
Northallerton 9.30am

Tuesday 8th December
Mainsgill Farm Shop 9.30am

£5 donation per trip

TO BOOK A SPACE ON THESE TRIPS PLEASE CALL THE OFFICE ON 01833 641010.
ARRANGEMENTS CAN BE MADE IF YOU WOULD LIKE TO BE PICKED UP IN ONE OF THE SURROUNDING VILLAGES.

point north

UTASS WOMEN IN FARMING FESTIVE FUN EVENING

JOIN US AT THE MOORCOCK EGGLESTON
WEDNESDAY 16TH DECEMBER 6.30pm
FESTIVE FOOD & FUN QUIZ
ALL YOU NEED TO BRING IS A RAFFLE PRIZE FOR A RAFFLE WITH A DIFFERENCE

TO BOOK EMAIL hazel@utass.org
OR CALL 01833 641010

£5 booking required: Account UTASS
Account No 10782413 Sort Code 09-02-22

Funded by UK Government

North East Combined Authority

New Digital Skills Course!

Do you feel as if you are being left behind in a digital world?

Our FREE Digital Skills course can help you build confidence online. Over two weeks, you'll learn how to use a device, get online safely, access public services, shop, bank and enjoy entertainment online.

- 20 November & 27 November
- 2 sessions
- 9am to 12pm
- UTASS, Middleton-in-Teesdale, DL12 0SN
- Booking required
- Aged 18+
- County Durham resident.

Plus, you'll receive a free tablet with internet access when you complete the course. (Terms & conditions apply)

Register online today https://tinyurl.com/mr3hxkz3
03000 266 115
Email: durhamlearn@durham.gov.uk

Get started:
www.durham.gov.uk/durhamlearn

digital durham

UTASS Community Newsletter

NOVEMBER

RABY

Raby Estate drop-in with Joe Robinson

Joe Robinson from Raby Estate will be will be at ***UTASS*** the ***third Tuesday*** of every month between ***10am- 2pm***

Starting from ***17th November 2026***

This is an opportunity for any Raby tenants to call in and discuss any issues they have.

No appointment needed, just call in!

CHAT AND CRAFT AT UTASS
TUESDAYS
10AM - 12PM

Please help us keep these events going with a £1 donation per session

3rd November 26 - Felt card making with Teesdale Felt

10th November 26 - No Session

17th November 26 - Cordage making with Lucy

24th November 26 - Pine cone decorating

01833 641010

gina@utass.org for more information

UTASS,
9-11 Chapel Row,
Middleton in Teesdale,
DL12 OSN

Tech Drop in Session at UTASS with

County Durham ageUK



1pm - 3pm

Thursday 12th November
Thursday 26th November

Citizens Advice will be here at UTASS **every Monday in November 10am-12 noon**

If you need help or advice in the meantime please call the Citizens Advice Adviceline (freephone): **0808 278 7821**
Monday to Friday 10am – 4pm



Or visit their website below
Get Help : Citizens Advice County Durham

PACT
Police & Communities Together

PACT Meetings will be taking place at UTASS every 4 weeks on a Friday afternoon between **2.45pm-4pm.**

Police And Communities Together Meetings enable local residents to voice their concerns, share local issues and discuss policing priorities with their neighbouring policing team.

The upcoming dates are:

Friday 6th November
Friday 4th December



Can you help with any of the following...

- ***Making refreshments***
- ***Minibus driving***
- ***General admin duties***
- ***Helping out at events***
- ***We're currently looking for elves to help out at the Middleton Mart Christmas Fair***

If you think you can help, please get in touch. We would love to hear from you!
Call UTASS on 01833 641010 or email info@utass.org

When life gets overwhelming it can help to have someone to talk to - our resilience team are here for you.

To make a confidential initial appointment contact UTASS on 01833 641010